



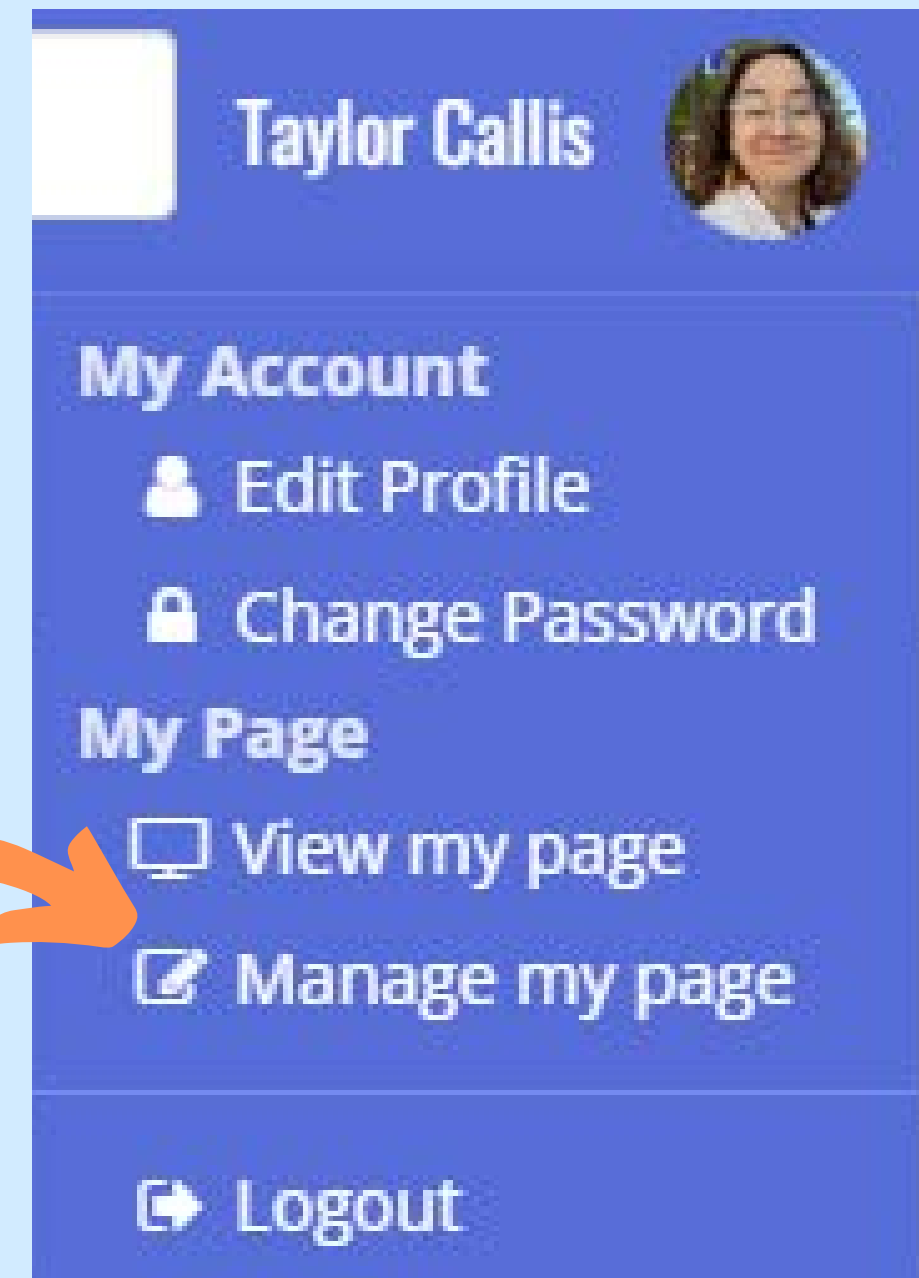
SHARE YOUR STORY! | CUSTOMIZING YOUR PAGE



Setting Up Your Page

On WomenSwimmin.org, click on your face in the upper corner. You will see a dropdown menu to edit your Account and Page.

Click **Manage my page** to start customizing your page.

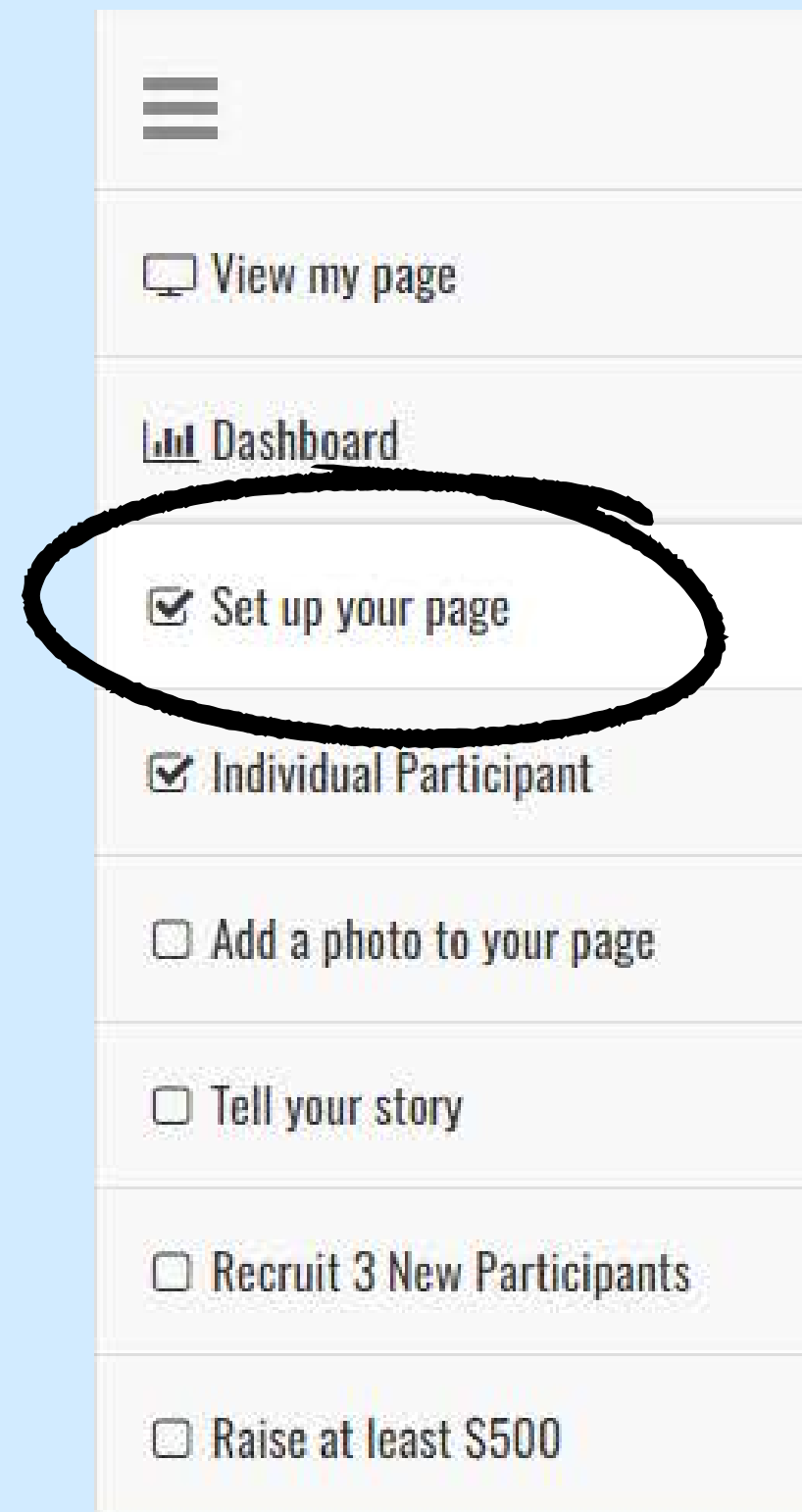




SHARE YOUR STORY! | CUSTOMIZING YOUR PAGE



Setting Up Your Page



In the left hand menu, click **Set up your page**. Here, you can...

- Edit your display name.
- Write your one to two sentence summary.
- Set your fundraising goal.
- Include live video stream codes (if applicable).



SHARE YOUR STORY! | CUSTOMIZING YOUR PAGE



Setting Up Your Page

Personalizing these items will give friends, family, and other page viewers a brief but clear description of what your goals are!

SET UP YOUR PAGE

[VIEW MY PAGE](#)

How do you want your name to appear on your page *

Taylor Callis

What's the one or two sentences that sums up why you're doing this? (Optional)

For family members that have passed in hospice, for my sister entering the nursing field, and for hospice staff members here & everywhere!

2 characters remaining

What is your personal fundraising goal? *

\$

500

Not Fundraising this time around

Include Facebook/YouTube/Twitch live video stream code on your page (Optional)

Copy the full iframe code here to show a live stream on your page.



SHARE YOUR STORY! | CUSTOMIZING YOUR PAGE



Setting Up Your Page

Add a personal message to your page (Optional)

B **I** [List Bullets] [List Circles] [List Squares] [List Triangles] [List Diamonds] [List Stars] [List Hearts] [List Spades] [List Clubs] [List Pentagons] [List Hexagons] [List Heptagons] [List Octagons] [List Nonagons] [List Decagons] [List Underscore] [List Link] [List Unlink]

I will be Going the Distance this year in support of Women Swimmin'! I learned about Women Swimmin' through the book "365 Things to Do in Ithaca" and knew I had to get involved at some point during my time at Ithaca College. I interned last year in the communications team, and I am back again as an event assistant!

I participate for **family**, for **my sister**, and for **Hospicare staff**. I wish to honor my family members that have passed peacefully with the help of hospice workers and resources. Seeing my sister's journey to become a nurse, learning more about my family's experience with hospice, and seeing how impactful hospice work is by working at Hospicare inspires me to get further involved with the event.

I will be going the distance by doing a variety of activities. I just graduated from IC, so I want to truly explore the Ithaca area. I hope that at least once a week, I can try something new -- volunteer at an event/non-profit, walk a new trail, give random acts of kindness, read at a park I haven't visited, and more.

I hope to post updates on my journey -- keep your eyes peeled! In the meantime, consider donating to my page to help raise funds that support Hospicare to:

- Provide vital medications to ease pain and manage symptoms
- Provide specialized medical equipment so patients can stay in their own homes
- Train more volunteers to deliver complementary therapies to enhance comfort and peace
- Offer grief counseling sessions
- Continue to provide intensive round-the-clock care at the Hospicare residence for patients who need more care than they can receive in their own homes.

If you can, please join me in supporting Hospicare. Let's make a splash this summer!

Cancel Save

Add a personal message to your page. This is the longer version of the one to two sentence summary. Write about your inspirations, your goals, and what you want to support.

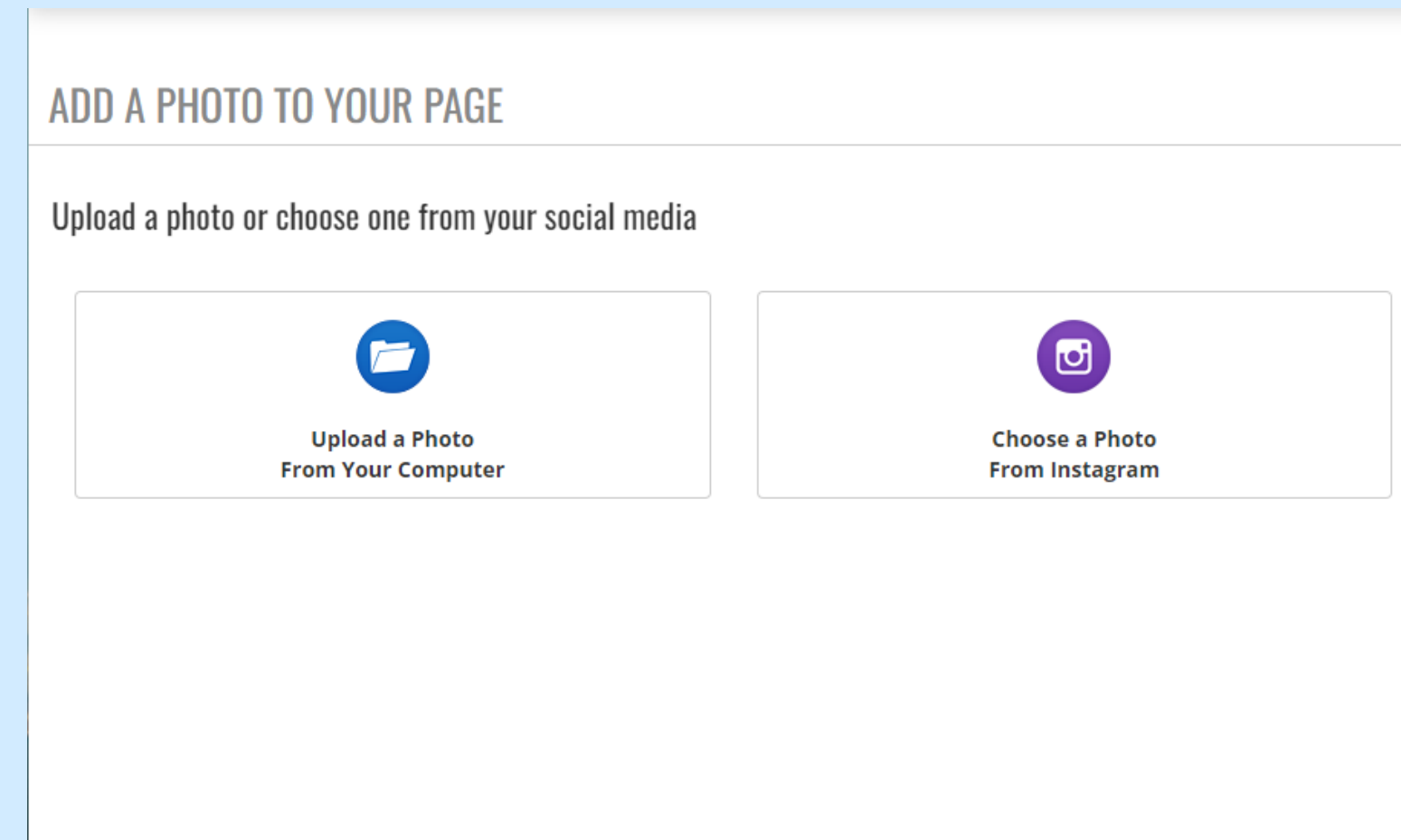
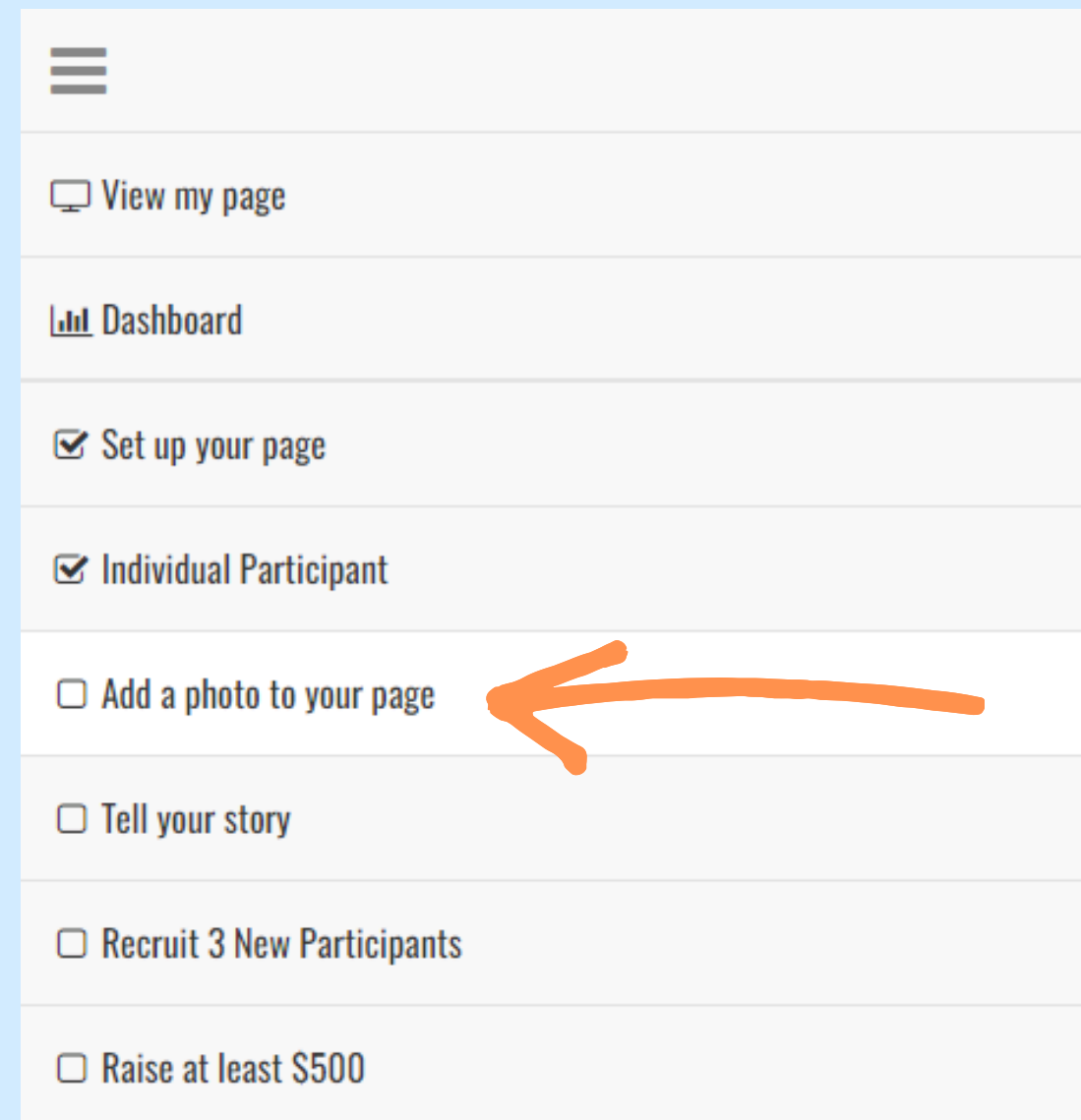
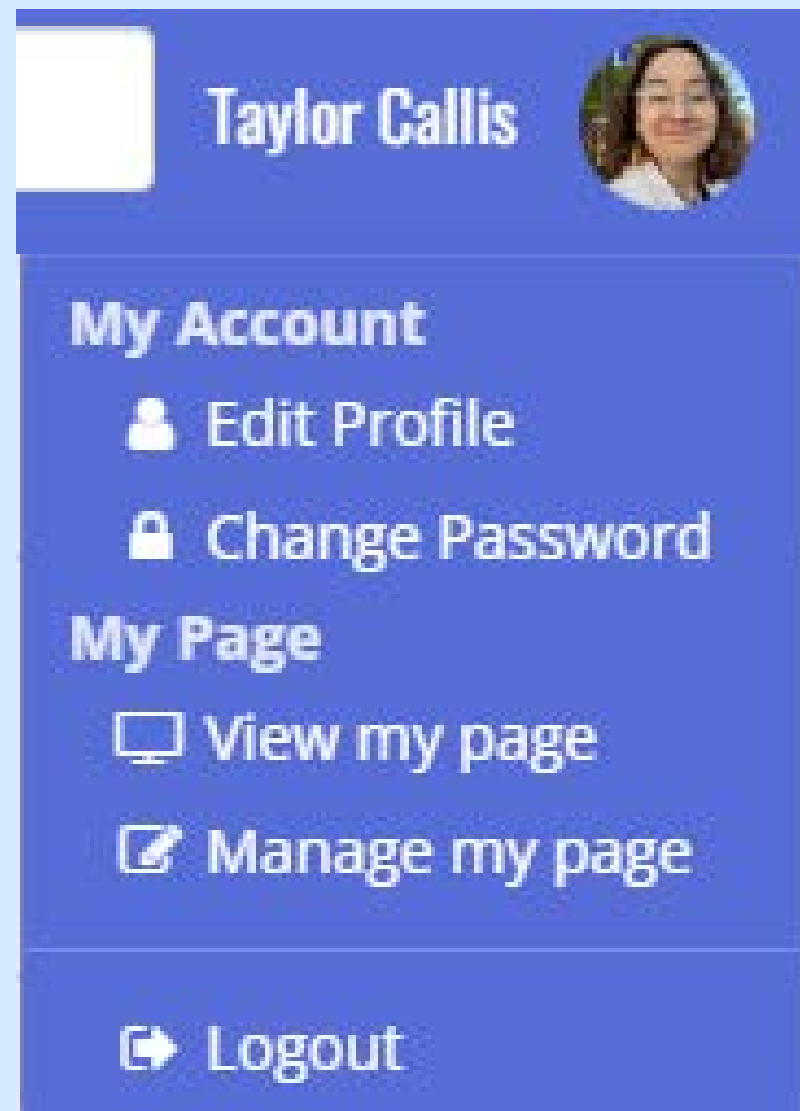
When you personalize your message, you are creating a deeper meaning to your involvement in Women Swimmin'. **Share your story shamelessly!**

When you're done editing, don't forget to hit  in the bottom right corner!

SHARE YOUR STORY! | CUSTOMIZING YOUR PAGE

Adding Photos to Your Page

Adding pictures creates a more personal touch to your participant profile.
To do this:



1

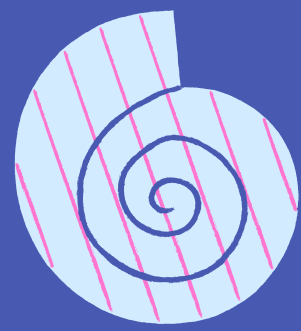
In the top right corner, click on your name. Then, click **Manage my page.**

2

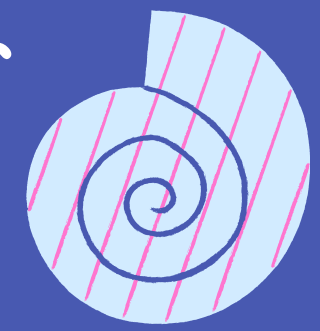
Then, click **Add a photo to your page.**

3

From here, you can upload a file that is on your computer. Or, you can log in to Instagram and choose a photo from there.
Have fun with your photos!



SHARE YOUR STORY! | CUSTOMIZING YOUR PAGE



Example: Kimmy Jones



My Team Page

Kimmy Jones

The mission and philosophy of hospice is important and sacred. I appreciate serving the community in this non-profit organization.

[Change Default Reason](#)

Kimmy Jones' Fundraising Progress

42%

RAISED:
\$845

GOAL:
\$2,000

[Donate](#)

[Show me where Kimmy Jones ranks](#)

Kimmy shared her "why" for swimming this year, both as a short summary and as a longer story.

Tell your story

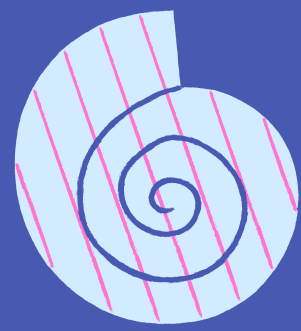
Why swim across a lake?

I've worked for Hospicare for the last 5 years and it is the most life affirming and meaningful nursing I've ever done. Working for a non-profit hospice provider is important to me as a professional and on a personal level.

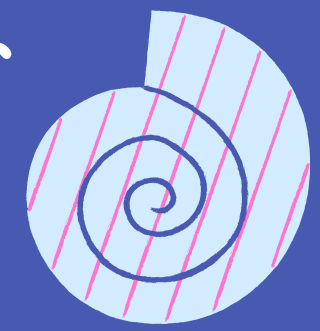
Years ago, one of my childhood best-friends died unexpectedly and many of us continue to remember her and grieve in our own ways. One of my favorite memories with her was when the two of us participated in the 1 mile lake swim at girls camp as children. This year, I will be swimming across a lake again with her name written on my arms. What a beautiful opportunity to support a mission I care about and remember my beloved friend.

— Kimmy Jones

She was able to share both her appreciation for hospice, as well as a dedication to a childhood best friend.



SHARE YOUR STORY! | CUSTOMIZING YOUR PAGE



Example: Melinda Oltz

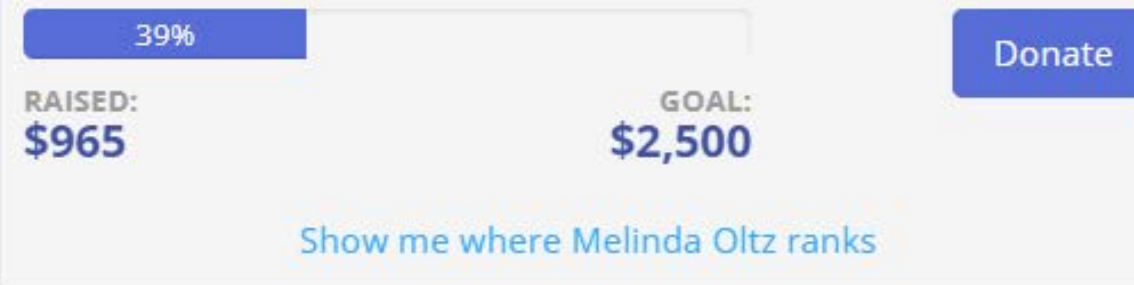


Melinda Oltz

On Wednesday May 3rd, 2023 I got to experience Hospice first hand for a family member. After a Brain bleed was found in my grandmothers brain she was transferred from the hospital to Hospice where she ended up passing away on May 5th, 2023. Although she had a short stay I cannot begin to express my gratitude for Hospice and dedicated my 9th swim across the lake to my grandmother, Norma Dean.

[Change Default Reason](#)

Melinda Oltz's Fundraising Progress

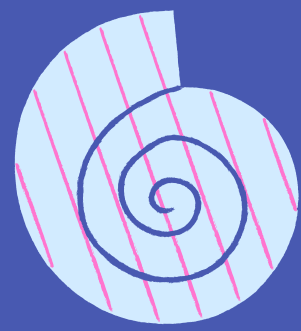


Melinda details her "why" in her summary. She also added a photo of her family, including her grandmother, to share more of her personal story.

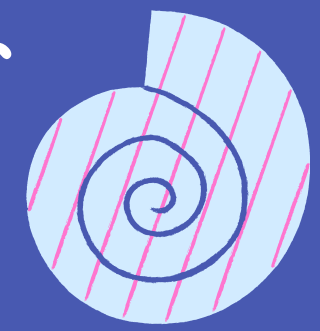
Grandma Norma



My Grandmother (far right) supported my swims over the last 8 years. On 5/5/23 she passed away in the care of Hospice. I have never been more grateful or honored to swim for this cause. I hope this year I raise more than I ever have.
- Melinda Oltz



SHARE YOUR STORY! | CUSTOMIZING YOUR PAGE



Example: Elizabeth Porter



Elizabeth Porter

Have fun, swim better, and help women with cancer.

[Change Default Reason](#)

Elizabeth Porter's Fundraising Progress

40%

RAISED:
\$200

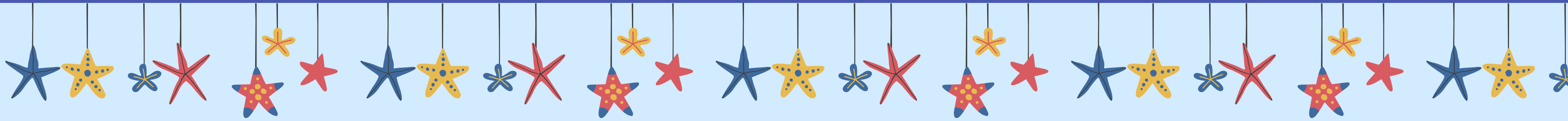
GOAL:
\$500

[Donate](#)

[Show me where Elizabeth Porter ranks](#)

Elizabeth packed a punch with her summary! By sharing her fitness goal to swim better, she can connect with others that do the same, all while having fun and supporting her values!

SHARE YOUR STORY! | CUSTOMIZING YOUR PAGE



Women Swimmín' is an event that is extremely sentimental and personal to those that participate. When you share your story – when and why you started, where you are, how you are staying involved – you are opening the door to connecting with the *entire* Women Swimmín' community.

This event is personal and special, but it is also fun! Get creative with your page – share updates of your training or Go-the-Distance journey, snap pictures of fun activities, share memories, and more. Good luck with fundraising!