



## ❧ SUGGESTED GRIEF RESOURCES ❧

### **General:**

- Attig, Thomas. (1996). *How We Grieve*. Oxford University Press.
- Bennett, Paul. (2009). *Loving Grief*. Larson Publications.
- Fumia, Molly. (1992). *Safe Passage*. Conari Press.
- Grollman, Earl. (1977). *Living When a Loved One Has Died*. Beacon Press.
- Fitzgerald, Helen. (1992). *The Mourning Handbook*. Simon & Schuster.
- Kubler-Roos, E. and Kessler, D. (2005). *On Grief and Grieving*. Scribner.
- Levang, Elizabeth. (1992). *Remembering with Love*. Fairview Press.
- Prend, Ashley. (1977). *Transcending Loss – Understanding the Lifelong Impact of Grief and How to Make it Meaningful*. Berkley Books.
- Rando, Therese A. (1998). *Grieving: How To Go On Living When Someone You Love Dies*. Lexington Press.
- Refield Jamison, Kay. (2009). *Nothing Was the Same*. Knopf.
- Staudacher, Carol. (1994). *A Time to Grieve*. Harper San Francisco.
- Tatelbaum, Judy. (1998). *The Courage to Grieve*. Lippincott & Crowell.

### **Children:**

- Brown, Laurie. (1996). *When Dinosaurs Die*. Little, Brown & Co.
- Buscaglia, Ph.D., Leo. (1982). *The Fall of Freddie the Leaf*. Slack Incorporated.
- Fitzgerald, Helen. (1992). *The Grieving Child – A Parents Guide*. Fireside Book.
- Fox, M. and Brown, K. (1998). *Tough Boris*. Sandpiper.
- Johnson, Marvin. (2001). *Tell Me, Papa*. Center for Thanatology Research.
- O'Toole, Donna. (1977). *Aarvy Aardvark Finds Hope*. Mountain Rainbow Publications.

### **Teens:**

Grollman, Earl. (1993). *Straight Talk about Death for Teenagers*. Beacon Press.

O'Toole, Donna. (1995). *Facing Change*. Mountain Rainbow.

Scrivani, Mark. (1996). *Grief Journey*. Hope for the Bereaved.

Teenage Grief. *No One Ever Told Us*. Teenage Grief Inc. (VIDEO).

### **Loss of a Parent:**

Anker, Lois. (1993). *How to Survive the Loss of a Parent*. William Morrow Publishing.

Kennedy, Alexandra. (1984). *Losing a Parent*. Harper San Francisco.

Krementz, Jill. (1981). *How It Feels When A Parent Dies*. Knopf.

Marshall, Fiona. (1993). *Losing a Parent*. Fisher Books.

### **Widows/Widowers:**

Ames, Edward. (1985). *A Look in the Mirror – A Handbook for Widowers*. Centering Corporation.

Caine, Lynn. (1988). *Being A Widow*. Penguin Books.

Feinberg, Linda. (1994). *I'm Grieving as Fast as I Can*. New Horizon Press.

Heinlein, Susan. (1997). *When a Lifemate Dies*. Fairview Press.

### **Internet-Web Sites:**

[www.dogpile.com](http://www.dogpile.com) - This is a multi searching site that uses 15 search engines. Your search can be generic, i.e., grief, bereavement, etc. or specific i.e., children and grief, widows, teens and grief.

[www.rivendell.org](http://www.rivendell.org) - The Doughty Center – The National Center for Grieving Children and Families. Links to other grief sites.

[www.adec.org](http://www.adec.org) - Association for Death Education and Counseling. Offers information for those suffering from loss of a loved one. Advice and coping skills as well as resources for grief management.